

Dr. Douglas Lobb
Family Dentistry
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Instructions Preceding Intravenous Sedation:

This intravenous technique involves the administration of medication intravenously to place you in condition that is relaxed, comfortable and somewhat sleepy, yet conscious and aware of your surroundings. You will be free from discomfort and may not have a clear recollection of the appointment or realize the passage of time.

To ensure your safety and comfort, please report any illness, weakness or allergy; any details of any drugs or medications that you may be taking especially sleeping drugs, tranquilizers or steroids.

Preparation:

1. **No food** is to be taken **six** hours prior to the appointment; **clear fluids** may be taken up to **two** hours prior (for example: apple juice, water, broth, jell-o gelatin, etc).
2. No caffeine, alcohol, recreational or non-prescription drugs and/or herbal supplements should be used for 12 hours prior to the appointment.
3. Please wear a light, comfortable and **short** sleeved shirt.
4. Please do not wear contact lenses.
5. Please utilize the restroom prior to your appointment time.

Following the Sedation:

1. The patient **must** be escorted home by a responsible adult from the office reception area and should not be left unattended for the remainder of the day.

Any patient accepting sedation must agree to:

1. Not operate a vehicle for the remainder of the day.
2. Not undertake any responsibility of business matters.
3. Not drink alcohol or take any un-prescribed medications.

Monitoring:

We continually monitor your vital signs as you are sedated; this includes physical assessment and your pulse, blood pressure, ECG, respirations and blood oxygen levels. To ensure proper monitoring, please wear short sleeved, loose fitting shirts that can be un-tucked for ECG lead placement.

The monitoring equipment placement will be: a clip on the end of your finger, a blood pressure cuff on your arm, ECG leads either on your arms or on the sides of your chest, a precordial stethoscope that sticks to your throat area and a small tubing with nasal prongs that then loops around the ears.

Appointment Date: _____

Appointment Time: _____

**** There will be a \$300 non-refundable fee for appointments changed with less than 2 business days notice ****

After Hours Email: dlobb@telusplanet.net

After Hours Phone: 780-430-7391

Discharge Instructions After IV Sedation

The sedative medication administered today during your/the patient's procedure may have residual effects for up to 24 hours. Examples may include continued drowsiness, dizziness, difficulty with balance and coordination, impaired judgment, and short term memory problems. Since these changes may not be easily recognizable, no activities should be undertaken that requires the patient's best effort. For the patient's safety, it is important that they adhere to the following instructions constructed around the common letter "D":

1. Do not **DRIVE** any form of motorized equipment. This includes cars/trucks, yard tractors, golf carts, motorcycles, mopeds, etc.
2. Do not **DRINK** alcohol or take any other medication except as prescribed by Dr. Lobb or your General Practitioner (family doctor) for up to 18 hours.
3. Do not use **DANGEROUS** machinery or equipment (stove, lawnmower, chainsaw, bicycles, swings, etc.)
4. Make no important **DECISIONS** since judgment and memory are impaired.
5. Watch out for **DIZZINESS**, especially when changing positions. Move slowly and take your time.
6. Resume a normal **DIET** as tolerated upon return of appetite. If queasy, avoid becoming **DEHYDRATED** by frequently drinking small amounts of un-carbonated clear liquids (tea, apple juice, clear broth, Gatorade, etc). Progress to bland soup, toast or crackers and then try resuming a normal diet again.
7. Ask your doctor or dentist about resuming prescription and non-prescription **DRUGS** you were taking prior to the procedure.
8. **DISCUSS** any questions you may have with your dentist prior to leaving today.
9. **DIAL** the phone number(s) at the top of this page to contact your dentist should you have any questions or concerns after you leave. If you experience problems with breathing or severe bleeding proceed immediately to the Emergency Room of your nearest hospital.

After the first 24 hours, the vast majority of patients receiving these sedative medications are "back to normal."